

Certificate of Living Wholeness Counseling

Overview The purpose of the Certificate of Living Wholeness Counseling is to facilitate God centered transformation of the developing Asian world.

The Certificate is offered by Brisbane School of Theology, Australia; is in the process of becoming accredited by the Asian Theological Association, Philippines; and is delivered in Asia by the Australian based Living Wholeness Institute. Adding theology subjects, this is likely to become a masters degree.

Delivery: The certificate is delivered in four, face to face, intensive units, over 2 years. With translation this takes 16 weeks, monolingual training 12 weeks. Between units students are required to complete accountability group work, specific counseling hours, supervision, reading, assignments, training others, and project development. IT solutions are employed to reduce cost and increase efficacy of training.

Subjects: There are eight subjects: Christian Counseling Competencies, God-Centred Transformation, Counseling Project, Mental Health Conditions, Professional Development, Training of Trainers, Support Groups, and Marriage and Family Counseling. A strong theological foundation undergirds all these subjects. Additional 4 theology subjects required for the masters.

Students are preferentially selected who are mature motivated believers, desiring to become educated and practically equipped, with a vision to bring healing and wholeness to others. They are gifted in counseling, but also in training, and leadership. Students are encouraged to attend with 2-3 others from a similar heart language, calling/passion, or geographical area, to support each other.

Learning Outcomes: Students will be able to:

- Demonstrate an understanding of a Biblical anthropology of man and the process of redemption and sanctification, growth, healing and wholeness.
- Grow in knowledge and understanding of self, God, and the client/other.
- Demonstrate knowledge of mental health conditions that present for counseling, identifying those that are beyond the scope of a basic level counselor.
- Understand and be able to work with clients of differing gender, culture, and age (including children/teenagers) and with marriage, family and community needs.

- Identify key factors in the development of secular and Christian counseling theories, and how to critique and integrate these from a Biblical perspective.
- Reflect on their own cultural background, the impact on their world view, and the implications on their counseling work.
- Provide wholistic counseling to clients: establish and maintain a counseling relationship, summarize a case, assist clients in goal setting, provide basic response tools, evaluate progress, and access referral.
- Understand life stage situations and conditions for which support groups are appropriate, and establish and facilitate safe small support groups.
- Engage in the supervisory process to reflect on practice, and develop skills in supervision of others at a lower level of experience.
- Identify and plan for ongoing professional and personal development.
- Teach simplified foundations of the course to lay counselors/church workers.
- Identify their gifting, calling, and passion, analyze some needs in their local community, and implement a counseling initiative project to address these.
- Selected students may be invited to become future training assistants/faculty.

Learning Environment: The certificate is delivered in a mature style: students are expected to take responsibility for learning, interacting with them self, fellow students, teachers, the teaching material, and God. Adult learning principles are employed: skills demonstration and training, role plays, reviewing students' counseling/training videos. Small tutor-facilitated practice and tutorial groups facilitate personal transformation, skills development, and case supervision. Teacher- student ratios are kept at around 1:5.

Enquiries: asiatraining@livingwholeness.org

